



New Mexico Breastfeeding Task Force

RESOURCE GUIDE FOR
LACTATING FAMILIES,
& CARE PROVIDERS

SANTA FE COUNTY & CITY LIMITS

LACTATION SUPPORT

LILLIE MILLER, RN, IBCLC
(505)490-1549

KIMBERLY TALACHY
oneheartdoula@gmail.com
(505)929-7229

HOPE LOGGHE, IBCLC
hope.ibclc@gmail.com
(505)692-5697

JADE HEART PERINATAL
CARE
Lactation After Loss
jadeheartcare.com

SANTA FE TEEN PARENT
CENTER
(505)467-2827

GREAT START NM
Lactation & PP Support in
Santa Fe/Rio Arriba
growingupnm.org
(505)467-2827

GROWING UP NM
0-5 home visiting program
(505)819-5484

MEDICAL/HEALTH CENTERS

LA FAMILIA MEDICAL CENTER
1035 Alto St
lafamiliasf.org
(505)982-4425

CHRISTUS ST. VINCENT'S
455 St Michaels Dr.
(505)913-5793

BIRTHING TREE
Doulas, Childbirth Education,
Lactation Classes
thebirthingtree.org
(505)552-2454

DOULAS

YIYA VI KAGINGDI DOULA
PROJECT
Tewa Women United
doulas@tewawomenunited.org
(505)747-3259 X 1206

NM DOULA ASSOCIATION
nmdoula.org
(575)201-3233

BIRTH CENTERS / MIDWIVES

SANTA FE BIRTH CENTER
1315 S St Francis Dr
santafebirthcenter.com
(505)780-5030

BREATH OF MY HEART BIRTHPLACE
905 Calle Armada, Espanola
breathofmyheart.org
(505)753-0505

CHANGING WOMAN INITIATIVE
Homebirth Midwifery in the 8
Northern Pueblos & ABQ Birth Center
cwi-health.org
(505)930-5641

WILDWOOD MIDWIFERY
Lucy French
wildwoodmidwifery.com
(603)498-0598

NEW GROWTH MIDWIFERY
Tanja Bolle, LM, CPM
(505) 670-6607

REBECCA PALAK, LM, CPM, IBCLC
Homebirth Midwife
rebeccapmidwifery.com
(708)308-7553

ADDITIONAL RESOURCES

Find NMBTF Downloadable Resources on

- Human Milk Feeding in our LGBTQ+ Families
- Human Milk Storage & Handling
- Returning to Work / School While Breastfeeding
- Dad's Guide to Lactation
- Best Practices for Childcare Centers
- Resources available in Spanish and other languages as available



For More Information on NM Milk Bank
Human Milk Repository of New Mexico
<https://mothersmilkbanknm.org>
1.505.508.5291

For Information on Milk & Medication

INFANT RISK CENTER
infantrisk.com 1.806.352.2519

LA LECHE LEAGUE NM WARM LINE
1.505.886.1223 9am-7pm daily

To Find a Lactation Professional
ZIPMILK.COM

For Workplace Support
PREGNANT @ WORK
pregnantatwork.org 1.415.703.8276

POSTPARTUM SUPPORT INTERNATIONAL
postpartum.net 1.800.944.4773



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HOME VISITING PROGRAMS

¡QUE CUTE! HEALTH BABY
(505)901-1027
lascumbres-nm.org/que-cute

CONFIDENT PARENTING HOME VISITING
lascumbres-nm.org/confident-parenting
(505)795-4153

GROWING UP NM
growingupnm.org

MANY MOTHERS
Volunteer Home Visiting
(505)983-5984

NEW MEXICO WIC

New Mexico WIC promotes and supports exclusive nursing as the standard for infant feeding. However, if a mother needs to nurse partially, or cannot nurse, WIC provides help with infant formula.

www.nmwic.org

SANTA FE WIC (505)476-2602

8NORTHERN WIC (505)692-6400



Breastfeeding Basics PC Podcast



Northern Chapter of NMBTF

Virtual and in person monthly meetings for parents, lactation advocates, birthworkers, & peer support people.

santafechapter@breastfeedingnm.org

FOR WORKPLACE SUPPORT

NMBTF provides direct support for employees and employers to help workplaces be compliant in providing lactation accommodations.

For more information email:
contact@breastfeedingnm.org

Scan the QR Code to find information about



NMBTF Virtual Support Groups

and other free support group offerings throughout New Mexico

This resource guide is made possible by the New Mexico Breastfeeding Task Force.

For more information call or visit us at:
(505) 395-MILK (6455)

breastfeedingnm.org