

# Breastfeeding Resource List

2022

Name	Phone Number	Email address
<b>Arizona Breastfeeding Hotline (24-Hour)</b>	800-833-4642	<a href="http://www.gobreastmilk.org">www.gobreastmilk.org</a>
<b>Breastfeeding Help Line</b>		
Phoenix Indian Med Center Breastfeeding Hotline	602-317-1833	
<b>Chinle IHS:</b>	928-674-7001	
Obstetrics Care Unit (OCU)	928-674-7199	
Women's Health	928-674-7043	
Lactation Room	928-674-7403	
Public Health Nursing (IBCLC available)	928-674-7179	
<b>Crownpoint IHS</b>	505-786-5291	
<b>Flagstaff</b>		
Flagstaff Medical Center – Breastfeeding Center	928-214-2605	<a href="https://www.nahealth.com/women-infants/having-baby-flagstaff">https://www.nahealth.com/women-infants/having-baby-flagstaff</a>
Scared Peaks Health Center	866-976-5941	<a href="https://tchealth.org/sacredpeaks/index.html">https://tchealth.org/sacredpeaks/index.html</a>
Coconino County Public Health (WIC & Peer Counselors)	928-679-7210	
High Country Lactation Care	928-556-0000	<a href="http://www.highcountrylactation.org">www.highcountrylactation.org</a>
<b>Fort Defiance</b>		
Tsehootsoi Medical Center (TMC-FDIHB)	928-729-8000	<a href="https://www.fdihb.org/womenshealth">https://www.fdihb.org/womenshealth</a>
OB Labor & Delivery Unit	928-729-8795	
Amanda Singer, CLC, IBC, Doula	928-309-7558	<a href="mailto:dinationbreastfeeding@gmail.com">dinationbreastfeeding@gmail.com</a>
Navajo Nation Breastfeeding Coalition		
Ora Nez, CLE, IBC, Doula	928-309-0215 (M)	<a href="mailto:orasnez@navajo-nsn.gov">orasnez@navajo-nsn.gov</a>
NWIC Breastfeeding Peer Counselor	928-871-7897 (O)	<a href="mailto:nativekeebler@hotmail.com">nativekeebler@hotmail.com</a>
<b>Gallup</b>		
Gallup Indian Medical Center	505-722-1000	
Women's Health Unit @GIMC (IBCLC Available)	505-722-1301	
Marnelda Begay, NWIC Breastfeeding Peer Counselor	505-722-4767 (O) 928-206-7602 (M)	<a href="mailto:marneldabegay@navajo-nsn.gov">marneldabegay@navajo-nsn.gov</a>
<b>Hopi</b>		
Hopi Health Center	928-737-6024	
Hopi Breastfeeding Coalition	928-814-5159	
<b>La Leche League</b>	877-452-5324	<a href="http://www.llli.org">www.llli.org</a>
<b>Navajo County WIC Program</b>	928-532-6050	
<b>Navajo WIC Nutrition Program (NWIC)</b>	800-307-4231	
<b>Northern Navajo Medical Center (Shiprock)</b>		
NNMC Main Telephone:	1-505-368-6602	
Women's Clinic/L&D Unit	Ext: 6500/6900	
Lactation Consultant (IBCLC available)	Ext: 7071	
Public Health Nurse Lactation (IBCLC available)	Ext: 6119	
<b>Office of Women's Health Helpline</b>	800-994-9662	Monday thru Friday 9-6 EST
<b>Tuba City Regional Health Care</b>		
OB Labor & Delivery	928-283-2629	
<b>Winslow</b>		
WIHCC Breastfeeding Hotline (24/7)	928-386-3439	
<b>Dine' Doula Collective</b>		
Amanda Singer, CLC, IBC, Doula	928-309-7558	<a href="mailto:dinationbreastfeeding@gmail.com">dinationbreastfeeding@gmail.com</a>

IBCLC = International Board Certified Lactation Counselor; CLC = Certified Lactation Counselor; CLE = Certified Lactation Educator; CBC = Certified Breastfeeding Counselor; IBC = Indigenous Breastfeeding Counselor; Bfdg = Breastfeeding; (O) Office Number (M) Mobile Number

REVISED 03/2023