



STATE OF NEW MEXICO EXECUTIVE OFFICE SANTA FE, NEW MEXICO

Proclamation

WHEREAS, human milk feeding is the biological norm for infant feeding and a proven primary prevention strategy that builds a foundation for life-long health and wellness with scientifically proven benefits to the birthing parent and the child; and

WHEREAS, major medical authorities recommend exclusive human milk feeding for the first six months of life, with continued human milk feeding for at least one year; and

WHEREAS, the consistent and well-documented health, economic, and environmental benefits of human milk feeding show that this is an investment that will continue to produce measurable dividends across the country and many times over for families, employers, and the government; and

WHEREAS, breastfeeding contributes to a women's health by reducing the risk of breast, uterine, and ovarian cancers, diabetes, and osteoporosis; and

WHEREAS, there are substantial racial and ethnic disparities in access to lactation support resulting in reduced breastfeeding rates and an associated increase in risk for a variety of negative health outcomes; and

WHEREAS, the New Mexico Breastfeeding Taskforce promotes breastfeeding through education and support to breastfeeding parents in an effort to encourage a society where every baby is healthy because every mother can breastfeed successfully for as long as they want.

NOW THEREFORE, I, Michelle Lujan Grisham, Governor of the State of New Mexico, do hereby proclaim August 2022 as:

"Breastfeeding Month"

August 1 through August 7, 2022 as:

"Breastfeeding Week"

throughout the state of New Mexico.

Attest:

Handwritten signature of Maggie Toulouse Oliver in black ink.

Maggie Toulouse Oliver
Secretary of State

*Done at the Executive Office this
7th day of July 2022.*

*Witness my hand and the Great Seal
of the State of New Mexico.*

Handwritten signature of Michelle Lujan Grisham in black ink.

Michelle Lujan Grisham
Governor