

# NMBTF COVID-19 RESOURCE GUIDE\*

click on the links below for more information



## MEDICAL ORG GUIDELINES

### CDC

- [Interim Considerations for COVID-19 Vaccination of Healthcare Personnel and Long-Term Care Facility Residents](#)
- [Evaluation & Management Considerations for Neonates At Risk for COVID-19](#)
- [Pregnancy, Breastfeeding, and Caring for Newborns](#)
- [Contraindications to Breastfeeding or Feeding Expressed Breast Milk to Infants](#)
- [Covid-19 Vaccines while Pregnant or Breastfeeding](#)

### ACOG

- [Coronavirus, Pregnancy, and Breastfeeding: A Message for Patients](#)
- [Supporting Obstetrician-Gynecologists and Their Patients During COVID-19](#)
- [ACOG and SMFM Recommend COVID-19 Vaccination for Pregnant Individuals](#)

### WHO

- [Breastfeeding and COVID-19 For Health Care Workers](#)
- [Q&A: Pregnancy, childbirth and COVID-19](#)

### AAFP

- [Breastfeeding and COVID-19](#)
- [Maternal/Child Care \(Obstetrics/Perinatal Care\)](#)
- [Breastfeeding \(Policy Statement\)](#)

### AAP

- [The American Academy of Pediatrics Updates Guidance on Care of Newborns to Mothers with COVID-19](#)

### ABM

- [Statement on Coronavirus 2019](#)

*Summary of Guidelines regarding mother-infant separation and breastfeeding with COVID or PUI patients:*

- *WHO, AAFP, and ABM recommend continuing standard practices of skin-to-skin and direct breastfeeding with first hour latch, utilizing appropriate mask and hand hygiene, unless mother or infant are too un-well or unstable (March 2020).*
- *AAP now recommends in-room separation of mother and infant, allows for direct contact and direct breastfeeding with mask/hand hygiene (July 23, 2020)*
- *CDC recommends shared-decision making processes (June 2020). ACOG promotes informed/educated choice utilizing shared-decision-making between providers and patients (June 2020).*

## ADDITIONAL INFO

- [Breastfeeding During the COVID-19 Pandemic](#)
- [Is it Safe for Me and My Baby?](#)
- [COVID-19 Vaccine in Pregnancy and Breastfeeding](#)
- [Journal of the American Medical Association Findings: October 2020](#)
- [USBC Infant and Young Child Feeding in emergencies, including COVID-19](#)
- [Covid-19 resources for non-English speakers in U.S.](#)
- [Best Practices for COVID-19-Positive or Exposed Mothers—Breastfeeding and Pumping Milk](#)

## LOCAL RESOURCES

- [NM Department of Health](#)
- [NM Birth Equity Collaborative](#)
- [National Domestic Violence Hotline](#)

\*Last update Aug 20th