

## SANTA FE COUNTY BREASTFEEDING RESOURCES

### Direct Help with Breastfeeding

**United Way Santa Fe Home Visiting Programs:** All families qualify for free postpartum support services including postpartum home visits to support breastfeeding and recovery, and to educate families on newborn care and behavior. Licensed midwife and Lactation Consultant on staff:  
**Sarah Mitchell, IBCLC**

Phone: 505-819-0137 Location: 3164 Agua Fria Rd  
Website: [www.uwsfc.org](http://www.uwsfc.org)

**Margot Moriarte, WIC Breastfeeding Peer Counselor:** Must be receiving WIC in Santa Fe county to be eligible for free breastfeeding education and support through pregnancy and up to 6 months postpartum. Phone: 551-795-0311

### Additional Support

**Women, Infant and Children Supplemental Nutrition Program (WIC):** Income-based supplemental food program that encourages and supports a healthy pregnancy, postpartum and breastfeeding. Location: 605 Letrado St.  
Phone: 505-476-2602

**Christus St. Vincent Health System:**  
Breastfeeding classes and lactation support for newborns. Lactation Consultant on staff: **Lillie Miller, IBCLC**  
Location: 455 St Michaels Dr.  
Phone: 505-913-5793

**Presbyterian Medical Services:** The Parent Education/home visiting program serves parents and caregivers of children through five years of age. Phone: 1-800-477-7633 Website:  
[www.pmsnm.org](http://www.pmsnm.org)

**La Leche League Santa Fe:** Series meetings are held the 2<sup>nd</sup> Thur of the month at 1pm, at Indigo Baby in the DeVargas Mall. Phone: 505-466-2738

**La Familia Medical Center:** Breast Pump Rentals, breastfeeding education and support. LC on staff:  
**Aviva Faust, IBCLC** Phone: 505-982-4425

**Las Cumbres Medical Services:** Early intervention, infant and early childhood behavioral health programs, family and support and home visiting. Phone: 505-955-0410  
Website: [www.lascumbres-nm.org](http://www.lascumbres-nm.org)

**Many Mothers:** Free home visits by volunteers to any family with a newborn to provide help with basic household tasks, referrals and companionship. Phone: 505-983-5984

**Santa Fe Mommy Meetup Group:** Activities and friendship for moms and dads of small children, primarily birth to age 5. Website:  
[www.meetup.com/santafemoms](http://www.meetup.com/santafemoms)

**The Birthing Tree:** Doula care, childbirth education classes and a breastfeeding and postpartum class. Phone: 505-552-2424  
Website: [www.thebirthingtree.org](http://www.thebirthingtree.org)

**Santa Fe Birth Center:** The Center offers prenatal, birth, postpartum and newborn care and extended client services to Santa Fe's diverse cultural community. Open house 1<sup>st</sup> Sat every month from 10:30am to noon. **Rebecca Palack**, staff midwife. Phone: 505-780-5030  
Website: [www.santafebirthcenter.com](http://www.santafebirthcenter.com)

**Dr. Chelsea Fleischman, Vitalistic Chiropractor:**  
Integrative support for infants and parents. Phone: 724-816-1469

**Daven Lee, Craniosacral Therapy:** Safe, gentle, supportive body care for infant latch and breastfeeding issues and to resolve birth trauma. Phone: 505-412-1857  
Website: [www.davenlee.com](http://www.davenlee.com)

**NM Breastfeeding Task Force Santa Fe Chapter:**  
Monthly meeting at United Way Santa Fe on the third Wed from noon-1pm. Information and resources to promote breastfeeding in the family, workplace and community.  
Email: [santafe@breastfeedingnm.org](mailto:santafe@breastfeedingnm.org)